Form 144 Filer Information

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

FORM 144

144: Filer Information		
Filer CIK	0001759336	
Filer CCC	XXXXXXXX	
Is this a LIVE or TEST Filing?	● LIVE © TEST	
Submission Contact Information		
Name		
Phone		
E-Mail Address		
L-Iviali Addiess		
144: Issuer Information		
Name of Issuer	Kontoor Brands, Inc.	
SEC File Number	001-38854	
Address of Issuer	400 N. ELM STREET GREENSBORO NORTH CAROLINA 27401	
Phone	(336) 332-3400	
Name of Person for Whose Account the	Waldeck Christopher	

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer Officer

144: Securities Information

Securities are To Be Sold

Title of the Class of Securities To Be Sold	Common		
Name and Address of the Broker	Fidelity Brokerage Services LLC 900 Salem Street Smithfield RI 02917		
Number of Shares or Other Units To Be Sold	14782		
Aggregate Market Value	1034772.96		
Number of Shares or Other Units Outstanding	55685269		
Approximate Date of Sale	08/06/2024		
Name the Securities Exchange	NYSE		

144: Securities To Be Sold			
Title of the Class	Con	nmon	
Date you Acquired	08/13/2021		
Nature of Acquisition Transaction	Res	tricted Stock Vesting	
Name of Person from Whom Acquired	Issuer		
Is this a Gift?		Date Donor Acquired	
Amount of Securities Acquired	1418		
Date of Payment	08/13/2021		
Nature of Payment	Con	npensation	
If the securities were purchased and full pay thereto the nature of the consideration give installments describe the arrangement and st	n. If	t therefor was not made in cash at the time of the consideration consisted of any note or other the note or other obligation was discharged.	other obligation, or if payment was made in
144: Securities To Be Solo	b		
Title of the Class	Con	nmon	
Date you Acquired	07/2	6/2021	
Nature of Acquisition Transaction	Res	tricted Stock Vesting	
Name of Person from Whom Acquired	Issuer		
Is this a Gift?		Date Donor Acquired	
Amount of Securities Acquired	851	4	
Date of Payment	07/26/2021		
Nature of Payment	Con	npensation	
If the securities were purchased and full pay thereto the nature of the consideration give installments describe the arrangement and st	n. If	the consideration consisted of any note or or	other obligation, or if payment was made in
144: Securities To Be Solo	d		
Title of the Class	Con	nmon	
Date you Acquired	03/1	6/2023	
Nature of Acquisition Transaction	Stock Option Exercise		
Name of Person from Whom Acquired	Issu	er	
Is this a Gift?		Date Donor Acquired	
Amount of Securities Acquired	485	0	
Date of Payment	03/1	6/2023	

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Cash

Nature of Payment

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Christopher Waldeck 400 N. Elm Street Greensboro NC 27401
Title of Securities Sold	Common
Date of Sale	05/31/2024
Amount of Securities Sold	13800
Gross Proceeds	1016000.39

144: Remarks and Signature

Remarks	
Date of Notice	08/06/2024

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature /s/ Eric Janiak, as a duly authorized representative of Fidelity Brokerage Services LLC, as attorney-infact for Christopher Waldeck

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)