Form 144 Filer Information

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Form 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

FORM 144

| 144: Filer Information   |   |  |  |  |  |
|--|---|--|--|--|--|
| Filer CIK  | 0001759336  |  |  |  |  |
| Filer CCC  | XXXXXXXX  |  |  |  |  |
| Is this a LIVE or TEST Filing?                                 | ● LIVE ● TEST   |  |  |  |  |
| Submission Contact Information                                 |   |  |  |  |  |
| Name   |   |  |  |  |  |
| Phone  |   |  |  |  |  |
| E-Mail Address   |   |  |  |  |  |
| 144: Issuer Information  |   |  |  |  |  |
| Name of Issuer   | Kontoor Brands, Inc.  |  |  |  |  |
| SEC File Number  | 001-38854   |  |  |  |  |
| Address of Issuer  | 400 N. ELM STREET<br>GREENSBORO<br>NORTH CAROLINA<br>27401  |  |  |  |  |
| Phone  | (336) 332-3400  |  |  |  |  |
| Name of Person for Whose Account the Securities are To Be Sold | Waldeck Christopher   |  |  |  |  |
| securities are to be sold but also as to all ot                | (a) of Rule 144. Information is to be given not only as to the person for whose account the ther persons included in that definition. In addition, information shall be given as to sales by all agraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this |  |  |  |  |
| Relationship to Issuer   | Officer   |  |  |  |  |
| 144: Securities Information                                    |   |  |  |  |  |
| Title of the Class of Securities To Be Sold                    | Common  |  |  |  |  |
| Name and Address of the Broker                                 | Fidelity Brokerage Services LLC<br>900 Salem Street<br>Smithfield<br>RI<br>02917  |  |  |  |  |
| Number of Shares or Other Units To Be Sold                     | 13800   |  |  |  |  |
| Aggregate Market Value   | 1016000.39  |  |  |  |  |
| Number of Shares or Other Units<br>Outstanding                 | 55829679  |  |  |  |  |
| Approximate Date of Sale                                       | 05/31/2024  |  |  |  |  |
| Name the Securities Exchange                                   | NYSE  |  |  |  |  |

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

| 144: Securities To Be Sold  |                          |                     |  |  |  |
|---|--------------------------|---------------------|--|--|--|
| Title of the Class  | Common                   |                     |  |  |  |
| Date you Acquired   | 01/02/2020               |                     |  |  |  |
| Nature of Acquisition Transaction   | Restr                    | icted Stock Vesting |  |  |  |
| Name of Person from Whom Acquired   | Issuer                   |                     |  |  |  |
| Is this a Gift?   |                          | Date Donor Acquired |  |  |  |
| Amount of Securities Acquired   | 507                      |                     |  |  |  |
| Date of Payment   | 01/02/2020               |                     |  |  |  |
| Nature of Payment   | Compensation             |                     |  |  |  |
| f the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid. |                          |                     |  |  |  |
| 144: Securities To Be Sold  |                          |                     |  |  |  |
| Title of the Class  | Comr                     | mon                 |  |  |  |
| Date you Acquired   | 02/21                    | /2020               |  |  |  |
| Nature of Acquisition Transaction   | Restricted Stock Vesting |                     |  |  |  |
| Name of Person from Whom Acquired   | Issuer                   |                     |  |  |  |
| Is this a Gift?   |                          | Date Donor Acquired |  |  |  |
| Amount of Securities Acquired   | 372                      |                     |  |  |  |
| Date of Payment   | 02/21/2020               |                     |  |  |  |
| Nature of Payment   | Compensation             |                     |  |  |  |
| f the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid. |                          |                     |  |  |  |
| 144: Securities To Be Solo  | k                        |                     |  |  |  |
| Title of the Class  | Common                   |                     |  |  |  |
| Date you Acquired   | 08/13/2020               |                     |  |  |  |
| Nature of Acquisition Transaction   | Restricted Stock Vesting |                     |  |  |  |
| Name of Person from Whom Acquired   | Issue                    | r                   |  |  |  |
| Is this a Gift?   |                          | Date Donor Acquired |  |  |  |
| Amount of Securities Acquired   | 3522                     |                     |  |  |  |
| Date of Payment   | 08/13                    | 2/2020              |  |  |  |

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Compensation

Nature of Payment

| 144: Securities To Be Sole  | t                        |  |  |  |
|---|--------------------------|--|--|--|
| Title of the Class  | Common                   |  |  |  |
| Date you Acquired   | 03/12/2021               |  |  |  |
| Nature of Acquisition Transaction   | Restricted Stock Vesting |  |  |  |
| Name of Person from Whom Acquired   | Issuer                   |  |  |  |
| Is this a Gift?   |                          | Date Donor Acquired                        |  |  |
| Amount of Securities Acquired   | 2151                     |  |  |  |
| Date of Payment   | 03/12/2021               |  |  |  |
| Nature of Payment   | Con                      | pensation                                  |  |  |
| If the securities were purchased and full pay<br>thereto the nature of the consideration give<br>installments describe the arrangement and si | n. If                    | the consideration consisted of any note or | of purchase, explain in the table or in a note<br>other obligation, or if payment was made in<br>ged in full or the last installment paid. |  |
| 144: Securities To Be Solo  | k                        |  |  |  |
| Title of the Class  | Con                      | nmon                                       |  |  |
| Date you Acquired   | 03/19/2021               |  |  |  |
| Nature of Acquisition Transaction   | Restricted Stock Vesting |  |  |  |
| Name of Person from Whom Acquired   | Issuer                   |  |  |  |
| Is this a Gift?   |                          | Date Donor Acquired                        |  |  |
| Amount of Securities Acquired   | 14                       |  |  |  |
| Date of Payment   | 03/19/2021               |  |  |  |
| Nature of Payment   | Compensation             |  |  |  |
| If the securities were purchased and full pay<br>thereto the nature of the consideration give<br>installments describe the arrangement and st | n. If                    | the consideration consisted of any note or | of purchase, explain in the table or in a note other obligation, or if payment was made in ged in full or the last installment paid.       |  |
| 144: Securities To Be Solo  | t                        |  |  |  |
| Title of the Class  | Con                      | nmon                                       |  |  |
| Date you Acquired   | 04/0                     | 1/2021                                     |  |  |
| Nature of Acquisition Transaction   | Restricted Stock Vesting |  |  |  |
| Name of Person from Whom Acquired   | Issuer                   |  |  |  |
| Is this a Gift?   |                          | Date Donor Acquired                        |  |  |
| Amount of Securities Acquired   | 236                      | 9  |  |  |
| Date of Payment   | 04/01/2021               |  |  |  |
| Nature of Payment   | Con                      | pensation                                  |  |  |

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

| 144: Securities To Be Sold  |   |  |  |  |
|---|---|--|--|--|
| Title of the Class  | Common  |  |  |  |
| Date you Acquired   | 07/26/2021  |  |  |  |
| Nature of Acquisition Transaction   | Restricted Stock Vesting  |  |  |  |
| Name of Person from Whom Acquired   | Issuer  |  |  |  |
| Is this a Gift?   | Date Donor Acquired   |  |  |  |
| Amount of Securities Acquired   | 4865  |  |  |  |
| Date of Payment   | 07/26/2021  |  |  |  |
| Nature of Payment   | Compensation  |  |  |  |
| thereto the nature of the consideration give installments describe the arrangement and st | ment therefor was not made in cash at the time of purchase, explain in the table or in a note in. If the consideration consisted of any note or other obligation, or if payment was made in ate when the note or other obligation was discharged in full or the last installment paid.  ecurities of the issuer sold during the past 3 months by the person for whose account the           |  |  |  |
| 144: Securities Sold Durin  | g The Past 3 Months   |  |  |  |
| Nothing to Report   |   |  |  |  |
| 144: Remarks and Signature  |   |  |  |  |
| Remarks   |   |  |  |  |
| Date of Notice  | 05/31/2024  |  |  |  |
| ATTENTION:  |   |  |  |  |
| does not know any material adverse inform sold which has not been publicly disclosed.     | es to which this notice relates are to be sold hereby represents by signing this notice that he ation in regard to the current and prospective operations of the Issuer of the securities to be If such person has adopted a written trading plan or given trading instructions to satisfy Rule g the form and indicating the date that the plan was adopted or the instruction given, that |  |  |  |

person makes such representation as of the plan adoption or instruction date.

Signature

/s/ Gerardo Ibarra-Munoz, as a duly authorized representative of Fidelity Brokerage Services LLC, as attorney-in-fact for Christopher Waldeck

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)