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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person ⁺ BARCLAY KATHLEEN S | 1 | 2. Issuer Name and Kontoor Brands, | | | g Symbol | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | |
|--|------------|--|---------------|--------|---|---------------|---|--|--|-------------------------|--|
| 400 N. ELM STREET | | 3. Date of Earliest Tra 04/01/2022 | ansaction (N | lonth | /Day/Yea | r) | Officer (give title below) Oth | ner (specify belo | w) | | |
| (Street) GREENSBORO, NC 27401 | 4 | I. If Amendment, Da | te Original F | iled(1 | Month/Day/Y | 'ear) | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | |
| (City) (State) | (Zip) | Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned | | | | | | | | | |
| 1.Title of Security 2. Transaction (Instr. 3) Date (Month/Day/Y) | | Execution Date, if any | (Instr. 8) | | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | | Owned Following Reported Transaction(s) | | Beneficial | |
| | | (Month/Day/Year) | Code | V | Amount | (A) or (D) | Price | x / | Direct (D) or Indirect (I) (Instr. 4) | Ownership (Instr. 4) | |
| Common Stock | 04/01/2022 | | А | | 3,579 | A | \$0 | 15,149.348 | D | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

| _ | (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | |
|---|--|-------------|------------------|--------------------|------------|-----|-----------------|----------------|--------------|------------|-----------------|------------------------|----------------|------------------------------|-------------------|-------------|
| 1 | . Title of | 2. | 3. Transaction | 3A. Deemed | 4. | | 5. Number o | of | 6. Date Exer | rcisable | 7. Title and | Amount of | 8. Price of | 9. Number of | 10. | 11. Nature |
| I | Derivative | Conversion | Date | Execution Date, if | Transact | ion | Derivative | | and Expirati | on Date | Underlying | Securities | Derivative | Derivative | Ownership | of Indirect |
| S | Security | or Exercise | (Month/Day/Year) | any | Code | | Securities | | (Month/Day | /Year) | (Instr. 3 and | 4) | Security | Securities | Form of | Beneficial |
| (| Instr. 3) | Price of | | (Month/Day/Year) | (Instr. 8) |) | Acquired (A | cquired (A) or | | (Instr. 5) | | Beneficially | Derivative | Ownership | | |
| | | Derivative | | | | | Disposed of | (D) | | | | | | | Security: | (Instr. 4) |
| | | Security | | | | | (Instr. 3, 4, a | and | | | | | | 0 | Direct (D) | |
| | | | | | | | 5) | | | | | | 1 | or Indirect | | |
| | | | | | | | | | Date | Expiration | Title | Amount or Number of | | Transaction(s) (Instr. 4) | (I) (Instr. 4) | |
| | | | | | Code | V | (A) | (D) | Exercisable | Date | The | Shares | | | | |
| 5 | Phantom Stock-d <u>1)</u> | <u>(2)</u> | 04/01/2022 | | А | | 667.4757 | | <u>(3)</u> | <u>(3)</u> | Common Stock | 667.4757 | \$ 41.2 (4) | 667.4757 | D | |

Reporting Owners

| | Relationships | | | | | | | |
|---|---------------|--------------|---------|-------|--|--|--|--|
| Reporting Owner Name / Address | Director | 10% Owner | Officer | Other | | | | |
| BARCLAY KATHLEEN S 400 N. ELM STREET GREENSBORO, NC 27401 | Х | | | | | | | |

Signatures

| /s/ Miranda Stephani for Kathleen S. Barclay (Pursuant to Signing Authority on File) | 04/04/2022 |
|--|------------|
| **Signature of Reporting Person | Date |

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Represents phantom stock units ("PSUs") accrued under the Kontoor Brands Deferred Savings Plan For Non-Employee Directors Plan ("Plan"), to be settled 100% in cash upon the (1) reporting person's retirement. The number of PSUs acquired equals the amount of Directors' fees deferred by the reporting person divided by the fair market value (average of the high and low selling prices) per share on the date of deferral. The number of PSUs beneficially owned may vary over time due to deemed reinvestment of dividends.

(2) 1 for 1

(3) There is no date that should appear in these columns. These columns are not applicable to this particular filing.

(4) Each PSU was acquired at the election of the Director by deferring \$41.20 of fees per PSU.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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