### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)  1. Name and Address of Reporting Person* Welton Rustin				2. Issuer Name <b>and</b> Ticker or Trading Symbol Kontoor Brands, Inc. [KTB]					:	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last) (First) (Middle) 400 N. ELM STREET			3. Date of Earliest Transaction (Month/Day/Year) 02/21/2020						X Officer (give title below) Other (specify below)  EVP, Chief Financial Officer					
(Street)				4. If Amendment, Date Original Filed(Month/Day/Year)					-	6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
	SBORO, N													
(City	r)	(State)	(Zip)	T	able I - No	n-Der	rivative S	Securities	s Acqui	red, Dispo	osed of, or l	Beneficially	Owned	
(Instr. 3) D		2. Transaction Date (Month/Day/Year)		(Instr. 8)		(A) or Disposed of (Instr. 3, 4 and 5)		of (D)	Beneficia Reported	nt of Securities ally Owned Following Transaction(s)		Form:	7. Nature of Indirect Beneficial	
				(Month/Day/Year)	Code	V	Amount	(A) or t (D)	Price	(Instr. 3 a	: 3 and 4)			Ownership (Instr. 4)
		02/21/2020		F		144	D \$	\$	49,007.166		D	,		
	Report on a s	separate line fo	or each class of secu	rities beneficially o	wned direc	Pers	ons wh	o respo	rm are	not requ		spond unle	ss	1474 (9-02)
	Report on a s	separate line fo	Table II -	Derivative Securit	ies Acquii	Pers cont the t	sons wh tained ir form dis	o respo n this fo splays a	rm are curren	not requ ntly valid	ired to res		ss	1474 (9-02)
Reminder:		3. Transaction Date (Month/Day/	Table II -  n 3A. Deemed Execution Day	Derivative Securit (e.g., puts, calls, w 4. te, if Transaction Code Year) (Instr. 8)	ies Acquii arrants, o	Personnt the formal th	sons wh tained ir form dis	orespon this for splays a of, or Bertible secucisable on Date	neficiall rrities) 7. Tit Amo Unde Secur	not requ ntly valid	OMB conf	spond unle	of 10. Owners Form of Derivat: Security Direct ( or Indir	11. Natur of Indire Benefici Owners! (Instr. 4)

D 41 0	P (1 0 V (		Relationships					
Reporting Own Addre		Director	10% Owner	Officer	Other			
Welton Rustin 400 N. ELM ST GREENSBORO				EVP, Chief Financial Officer				

## **Signatures**

/s/ Laurel Krueger for Rustin Welton (Pursuant to Signing Authority on File)	02/25/2020
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.