## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Estimated average burden
hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	pe Response	s)												
1. Name and Address of Reporting Person* Waldron Thomas E.				2. Issuer Name and Ticker or Trading Symbol Kontoor Brands, Inc. [KTB]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director  X Officer (give title below) Other (specify below)  EVP & GB President - Wrangler				
(Last) (First) (Middle) 400 N. ELM STREET			3. Date of Earliest Transaction (Month/Day/Year) 12/31/2019											
(Street) GREENSBORO, NC 27401				4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line)  _X_ Form filed by One Reporting Person  Form filed by More than One Reporting Person				
(City)		(State)	(Zip)	T	able I - N	Non-De	rivative S	Securities	Acqui	ired, Dispe	osed of, or I	Beneficially	Owned	
1.Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		of (D)	Beneficially Owned Following Reported Transaction(s)			Ownership Form:	Beneficial
					Code	e V	Amoun	(A) or t (D)	Price	(Instr. 3 a	nd 4)		\ /	Ownership (Instr. 4)
Common	Stock		12/31/2019		F		573	111	\$ 42.22	43,966.	705		D	
				Derivative Securit		the iired, D	form dis	splays a of, or Ber	currer neficial	ntly valid		spond unle rol numbe		
1. Title of	Conversion or Exercise	(Month/Day/	ion 3A. Deemed Execution Da any/Year) any	4. Transaction Code Year) (Instr. 8)	5. Number of Of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		Expiration Date onth/Day/Year)			Title and mount of nderlying curities astr. 3 and	Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)		
Security (Instr. 3)	or Exercise Price of Derivative		Year) any	Transaction Code Year) (Instr. 8)	Number of Derivati Securitic Acquire (A) or Dispose of (D) (Instr. 3.	and (Mo	Expiration on the Conthesia of the Conthesia of the Control of the	cisable on Date 'Year)	7. Ti Amo Undo Secu (Inst 4)	ount of erlying arities tr. 3 and	Derivative Security	Derivative Securities Beneficially Owned Following Reported Transaction	Ownersh Form of Derivativ Security Direct (I or Indire	Beneficia Ownershi (Instr. 4)

#### **Reporting Owners**

	P ( O N /	Relationships					
	Reporting Owner Name / Address	Director	10% Owner	Officer	Other		
4	Valdron Thomas E. 00 N. ELM STREET GREENSBORO, NC 27401			EVP & GB President - Wrangler			

## **Signatures**

/s/ Laurel Krueger for Thomas E. Waldron (Pursuant to Signing Authority on File)	01/03/2020
**Signature of Reporting Person	Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.