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Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Sumner Susan Denis	2. Issuer Name an Kontoor Brands			ng Symbol			5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) KONTOOR BRANI STREET	3. Date of Earliest Transaction (Month/Day/Year) 05/28/2019						X Officer (give title below) Other (specify below) VP and Chief Acctg Officer					
GREENSBORO, NO	4. If Amendment, Date Original Filed(Month/Day/Year)						6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acqu					Acqui	ired, Disposed of, or Beneficially Owned			
(Instr. 3) Date Ex (Month/Day/Year) an		Date	Execution Date, if any	(Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			Owned Following Reported Transaction(s)	Ownership of Indirec Form: Beneficia	Beneficial	
		(Month/Day/Year)	Code	v	Amount	(A) or (D)	Price	×	Direct (D) or Indirect (I) (Instr. 4)	Ownership (Instr. 4)		
Common Stock		05/28/2019 ⁽¹⁾		А		1,731.601 (2) (3)	А	(<u>2)</u> (<u>3)</u>	2,949.601	D		
Common Stock		05/28/2019 ⁽¹⁾		А		521.496 (4)	А	<u>(4)</u>	3,471.097	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained SEC 1474 (9-02) in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
Security	Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code		5. Numbo of Deriva Securitie Acquired or Dispos of (D) (Instr. 3, and 5)	ative s l (A) sed	(Month/Day/Year)		piration Date of Underlying		8. Price of 9. Number of Derivative Security (Instr. 5) Beneficially Owned Following Reported Transaction(s)		Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Stock Option (Right to Buy)	\$ 23.4132	05/28/2019 ⁽¹⁾		А		11,082 (5)		<u>(6)</u>	02/18/2024	Common Stock	11,082	<u>(5)</u>	11,082	D	
Stock Option (Right to Buy)	\$ 31.065	05/28/2019 ⁽¹⁾		А		9,794 <u>(5)</u>		(7)	02/17/2025	Common Stock	9,794	<u>(5)</u>	9,794	D	
Stock Option (Right to Buy)	\$ 25.2684	05/28/2019 ⁽¹⁾		A		11,535 (5)		<u>(8)</u>	02/22/2026	Common Stock	11,535	<u>(5)</u>	11,535	D	
Stock Option (Right to Buy)	\$ 22.0444	05/28/2019 ⁽¹⁾		А		14,138 (5)		<u>(9)</u>	02/21/2027	Common Stock	14,138	<u>(5)</u>	14,138	D	
Stock Option (Right to Buy)	\$ 30.8383	05/28/2019 ⁽¹⁾		А		7,310 (5)		<u>(10)</u>	02/20/2028	Common Stock	7,310	<u>(5)</u>	7,310	D	

Reporting Owners

	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Sumner Susan Denise KONTOOR BRANDS, INC. 400 N. ELM STREET GREENSBORO, NC 27401			VP and Chief Acctg Officer					

Signatures

/s/ Laurel Krueger, Attorney-in-Fact	05/30/2019
**Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Numbers measured based on the equity awards held by the Reporting Person as of May 22, 2019. All equity awards held by the Reporting Person were subject to adjustment and
 (1) conversion following the Distribution (as defined below) subject to the terms of the the Employee Matters Agreement, dated as of March 22, 2019, by and between Kontoor Brands, Inc. and VF Corporation ("EMA"), with such measurement period beginning on May 20, 2019 and ending on the close of trading on May 28, 2019.

Represents the grant of restricted stock units ("Kontoor Brands RSUs") with respect to shares of common stock of Kontoor Brands, Inc. ("Kontoor Brands"), without par value

- ("Kontoor Brands Common Stock"), upon the conversion of restricted stock units with respect to shares of common stock of VF Corporation ("VF"), without par value and stated capital
 (2) of \$0.25 per share ("VF Common Stock"), held by the Reporting Person as of May 22, 2019, in accordance with the terms of EMA and the anti-dilution adjustment provisions under the VF 1996 Stock Compensation Plan ("VF Stock Plan"), in connection with the prorata spinoff distribution ("Distribution") by VF of all of its shares of Kontoor Brands Common Stock to the holders of record of VF Common Stock on May 10, 2019 ("Record Date").
- The Kontoor Brands RSUs were granted pursuant to the Kontoor Brands 2019 Stock Compensation Plan ("Kontoor Brands Stock Plan") in a manner intended to preserve the aggregate (3) intrinsic value of the awards, and are generally subject to the same terms and conditions (including vesting and payment schedules) as applicable to the corresponding VF restricted stock units.

Represents the grant of Kontoor Brands RSUs with respect to shares of Kontoor Brands Common Stock upon the conversion of performance-based restricted stock units with respect to shares of VF Common Stock, held by the Reporting Person as of May 22, 2019, in accordance with the terms of the EMA and the anti-dilution adjustment provisions of the VF Stock

(4) Plan in connection with the Distribution. The Kontoor Brands RSUs were granted pursuant to the Kontoor Brands Stock Plan in a manner intended to preserve the aggregate intrinsic value of the awards, and are generally subject to the same terms and conditions as applicable to the corresponding VF restricted stock units; however, any performance-based restrictions have been waived, and such Kontoor Brands RSUs are only subject to time-based vesting restrictions.

Represents the grant of stock options to purchase Kontoor Brands Common Stock ("Kontoor Brands Options") upon the conversion of stock options to purchase VF Common Stock ("VF Options"), in accordance with the terms of the EMA and the anti-dilution adjustment provisions under the VF Stock Plan, in connection with the Distribution. The Kontoor Brands

- (5) Options were granted pursuant to the Kontoor Brands Stock Plan in a manner intended to preserve the aggregate intrinsic value of the awards, and are generally subject to the same terms and conditions (including vesting, exercise and expiration schedules) as applicable to the corresponding VF Options.
- (6) This option vests as follows: 3,694 shares vest on 2/19/2015; 3,694 shares vest on 2/19/2016; and 3,694 shares vest on 2/19/2017.
- (7) This option vests as follows: 3,264 shares vest on 2/18/2016; 3,264 shares vest on 2/18/2017; and 3,266 shares vest on 2/18/2018.
- (8) This option vests as follows: 3,846 shares vest on 2/23/2017; 3,844 shares vest on 2/23/2018; and 3,845 shares vest on 2/23/2019.
- (9) This option vests as follows: 4,712 shares vest on 2/22/2018; 4,712 shares vest on 2/22/2019; and 4,714 shares vest on 2/22/2020.
- (10) This option vests as follows: 2,437 shares vest on 2/21/2019; 2,437 shares vest on 2/21/2020; and 2,436 shares vest on 2/21/2021.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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